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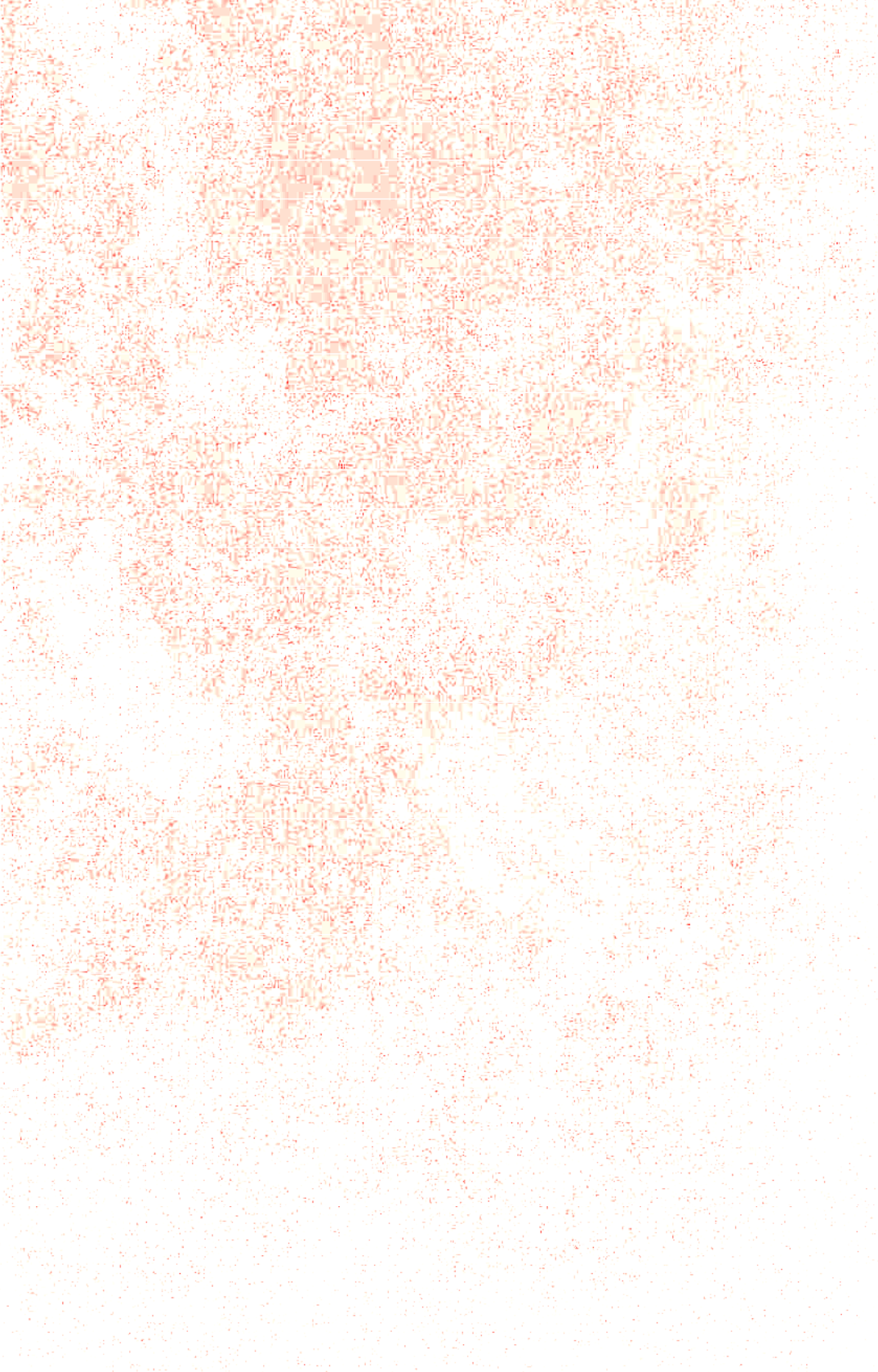
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the 1990s, the number of people in the world who are under 15 years of age has increased from 1.1 billion to 1.5 billion, and the number of people aged 65 and over has increased from 0.2 billion to 0.5 billion (United Nations, 1999).

There is a growing awareness of the need to address the needs of the young and the old. The United Nations has set out a series of goals for the 21st century, including the goal of 'improving the lives of the world's children' (United Nations, 1999). The World Bank has also set out a series of goals for the 21st century, including the goal of 'improving the lives of the world's elderly' (World Bank, 1999).

The need to address the needs of the young and the old is a global issue. It is a challenge that we all face. We need to find ways to improve the lives of the world's children and the world's elderly. We need to find ways to ensure that everyone has the opportunity to live a good life.

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Table 1. The mean (SD) age, height, weight, and body mass index (BMI) of the participants in the study

Measure	Mean (SD)
Age (years)	12.5 (0.5)
Height (cm)	152.5 (6.5)
Weight (kg)	45.5 (10.5)
BMI (kg m ⁻²)	19.5 (3.5)

Table 2. The mean (SD) age, height, weight, and body mass index (BMI) of the participants in the study

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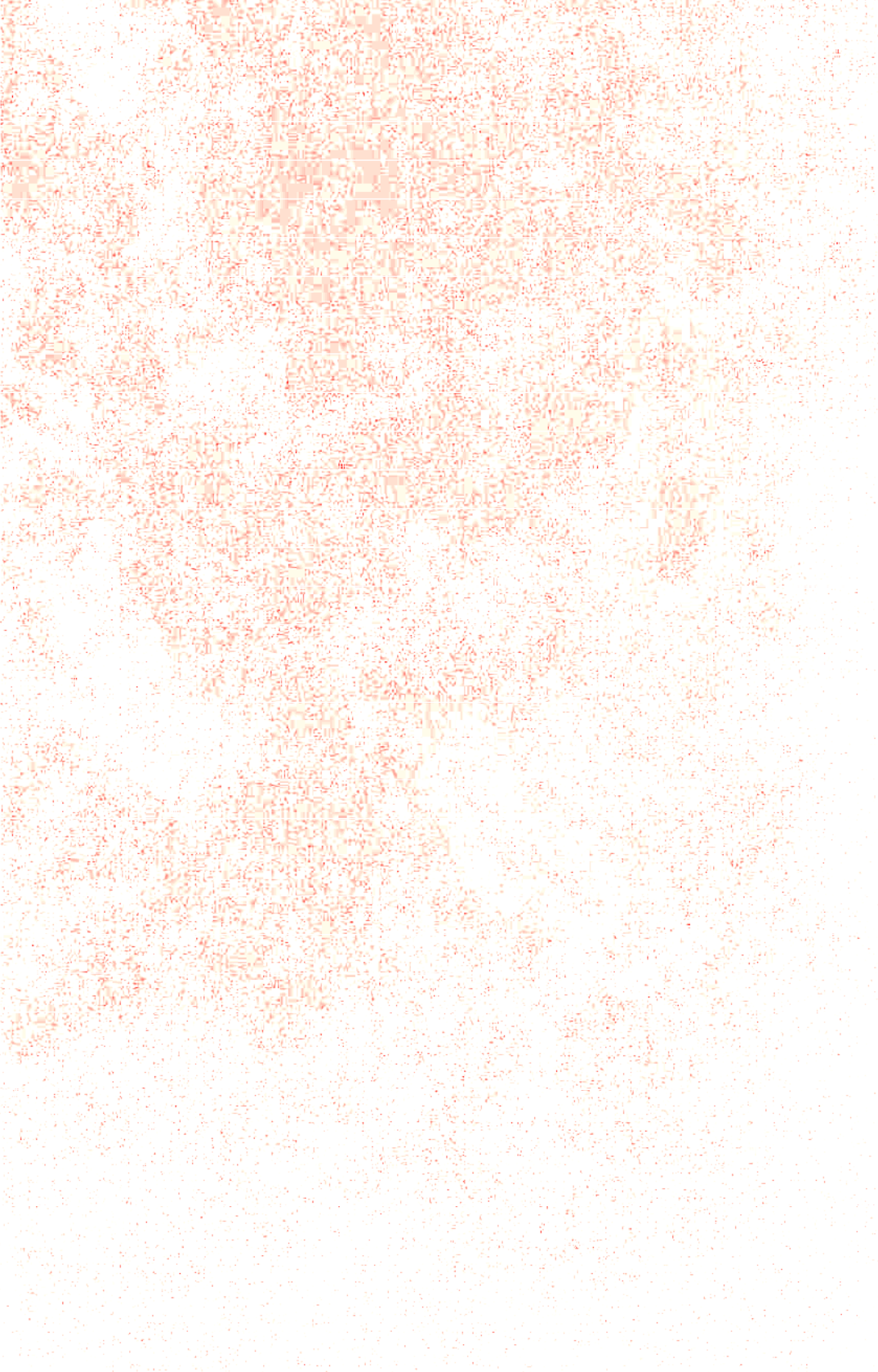
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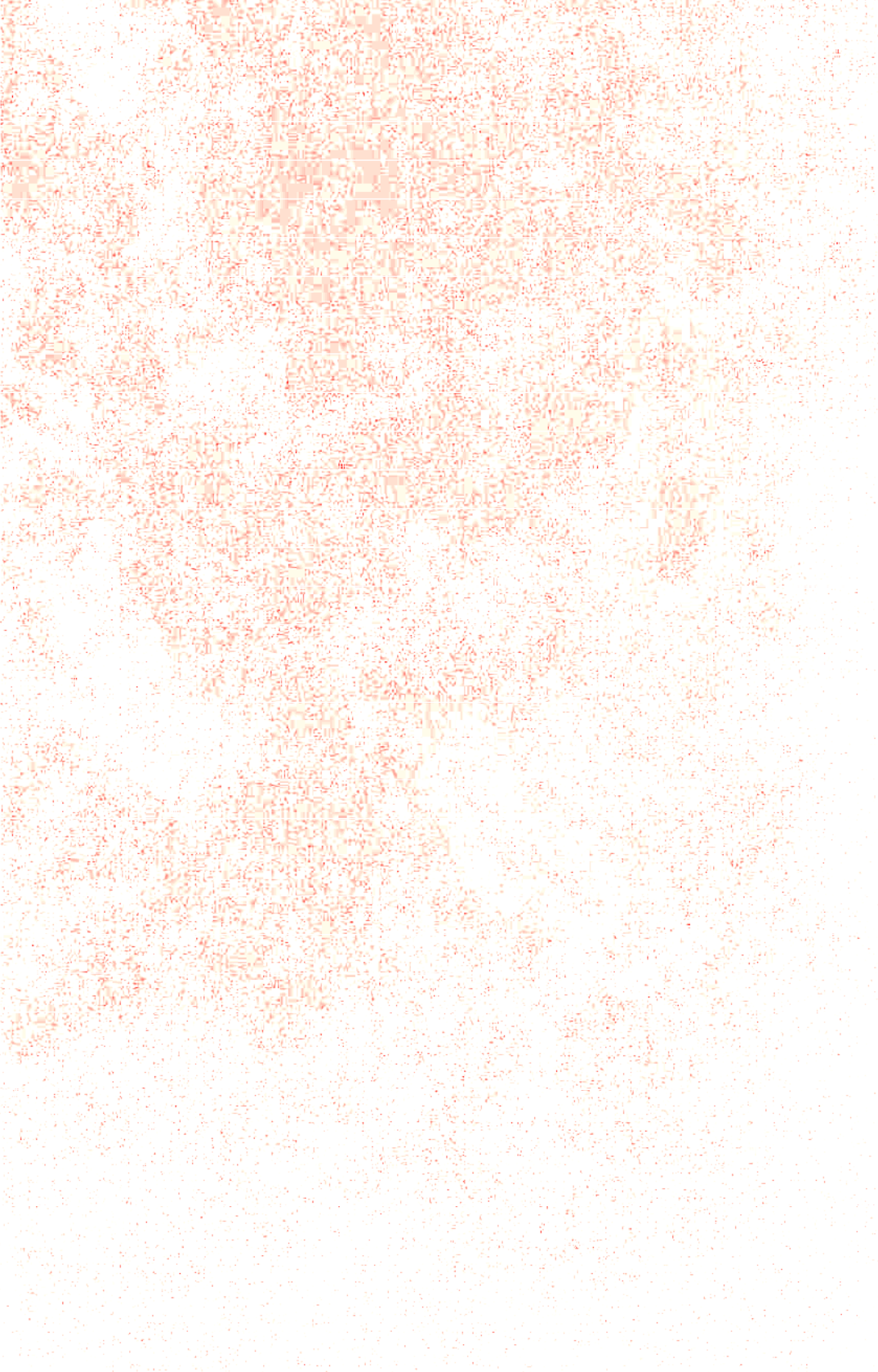
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the 1990s, the number of people with a mental health problem has increased by 50% (Mental Health Foundation 2000).

There is a growing awareness of the need to address the needs of people with mental health problems. The Department of Health (2000) has set out a vision for mental health care in the UK, and the NHS (2000) has set out a strategy for mental health care. The NHS (2000) strategy for mental health care is based on the following principles:

- People with mental health problems should be treated as individuals, with their own needs and wishes.
- People with mental health problems should be treated with respect and dignity.
- People with mental health problems should be treated as equal citizens.

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