

Алгоритм успеха

FORWARD



АНГЛИЙСКИЙ ЯЗЫК

класс

Учебник для учащихся общеобразовательных организаций

В двух частях

Часть вторая

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В первую часть входят разделы 1–8, во вторую – разделы 9–16.

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9

Eating traditions and customs

Listening and reading

- 1 Nevita decides to make a chicken curry for her friends to celebrate her return from Australia. They are at Rachel's house.

©T065 Listen to the conversation without looking at the text. Then answer the question:
Why do the friends want to go to the supermarket?

Mrs W: Would you like a cup of tea, Nevita?

Nevita: No, thanks, Mrs Wallace. I'd rather have coffee.

Mrs W: What about you, Rachel?

Rachel: Yes, please, Mum.

Mrs W: Would you like coffee or tea, boys?

Trevor: Coffee, please, Mrs Wallace.

Robert: Me, too. Thanks.

Rachel: Do you want some cake?

Nevita: No, thanks.

Trevor: Yes, please.

Robert: No, thanks.

Rachel: Do you want some biscuits?

Nevita: Yes, please.

Nevita: Now, let's check, we've got the ingredients. Have we got any chicken, Rachel?

Rachel: Yes, we've got four pieces.

Nevita: And have we got any rice?

Rachel: No, we haven't.
We haven't got any rice.

Nevita: Write down rice, Trevor. And how much curry powder have we got?

Rachel: We haven't got much.

Nevita: OK. Put curry powder on the list, Trevor. How many onions have we got?

Rachel: We haven't got many ... only three.

Robert: Oh, no, Scoop! Come back here.

Rachel: What's the matter?

Robert: Scoop's got the chicken. He's eating it!

Trevor: Oh, no!

Rachel: Come on! Let's go to the supermarket.



P Listen and repeat.

Listen to the conversation again and read it. Make a list in your Workbook. What ingredients does Nevita need for the chicken curry? What ingredients has she got?

Vocabulary and writing

2 Look at the pictures. What is this food called?



L ©T066 Listen, check and learn new words.

P Listen and repeat.

3 Write these words in your copybook in 5 categories: meat, fruit, vegetables, drinks, other (general).

4 Look at the pictures in Exercise 2. Choose two things you like to eat and two things you don't like to eat.

Example:

I like crisps and cakes, but I don't like rice and onions.

5 In pairs, repeat the words for food in the pictures and say whether they are countable or uncountable.

LANGUAGE FOCUS: Quantity (Количество)

6 ©T067 Listen and read.



Have we got **any** rice?
No, we haven't. We haven't got **any** rice.

How **many** onions have we got?
We haven't got **many**.

P Listen and repeat.

Listening and speaking

7 ©T068 Nevita is discussing the shopping list for Saturday. Listen and write in your Workbook the things in the order you hear them.

- Then listen again and tick (✓) the things Nevita has got and cross (✗) the things she hasn't got.
- Listen again and write the quantity of each item you have ticked.

8 Compare your notes with those of your friend. In pairs, ask and answer questions.

Example:

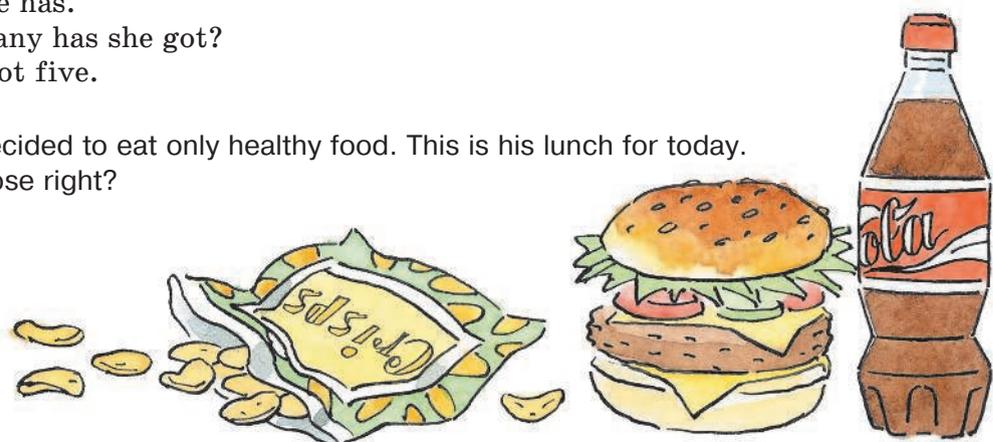
A: Has Nevita got any bananas?

B: Yes, she has.

A: How many has she got?

B: She's got five.

9 Billy Silly decided to eat only healthy food. This is his lunch for today. Did he choose right?



Reading and speaking

- 10 Quickly read the chat discussion. Can you guess the meaning of *veggie* (*vegetarian*), *healthy food*, *junk food*, *organic food*? Who is a veggie? Who is fond of junk food? Who prefers healthy food?

The RAP	
The RAP >> chatroom	
What's the name of ... ?	
Reply to topic	
Nickname / Name	Discussion
<u>Dasha6</u>	I love fast food most of all. I am crazy for hamburgers and French fries. I'll have a hamburger or hot dog whenever I can. McD's is where I could eat three times a day.
<u>Nevita-theRAP</u>	But this is junk food, not healthy, bad for your health. You should eat more vegetables and fruit! An apple a day keeps the doctor away!
<u>Maggie_Veggie</u>	Or even go for a vegetarian diet! You'll like it. You'll always feel good, full of energy. No meat in your diet will do you good. Beans are just as nourishing as meat, only better for your health. And fresh fruit like apples or bananas or pineapples go very well with honey — yummy-yummy!
<u>Nevita-theRAP</u>	Yes, right. I know lots of vegetarian recipes — you can make quite a few with, say, potatoes, mushrooms, tomatoes, celery or onions. They all taste delicious. My Mum's an excellent cook and we always look forward to our dinners together.
<u>Guest</u>	I'm not a 100% veggie, I eat fish or chicken once in a while, but I would never eat fast food.
<u>Rachel</u>	I prefer organic food — it's bought directly from the farmers. It could be meat, or fish, or fruit and vegetables. What's important is that it's free of any artificial flavouring and artificial food additives, so it's healthy, good quality and always fresh.
<u>Dasha6</u>	Thanks everybody! I'm beginning to feel like I want a plateful of salad with a piece of roasted chicken. A dessert to follow would be nice — perhaps an apple or banana?

- 11 Read the chat discussion again and look at the pictures in Exercise 2. Then answer the questions.
- 1 What will Maggie_Veggie choose?
 - 2 What will Nevita choose?
 - 3 What was Dasha's choice yesterday?
 - 4 What food will she choose today, after the chat?
- 12 Nevita uses the English proverb 'An apple a day keeps the doctor away'. Can you explain its meaning?

- 13 In pairs, discuss what you know about traditional British meals. Remember what you have read in books or seen in films.

*What is the traditional English breakfast like?
What is a traditional British meal for dinner?*

The RAP

Did you know?

- 14  T069 Listen and read the text, check your answers and find out more about British meals.

British meals: traditions and customs

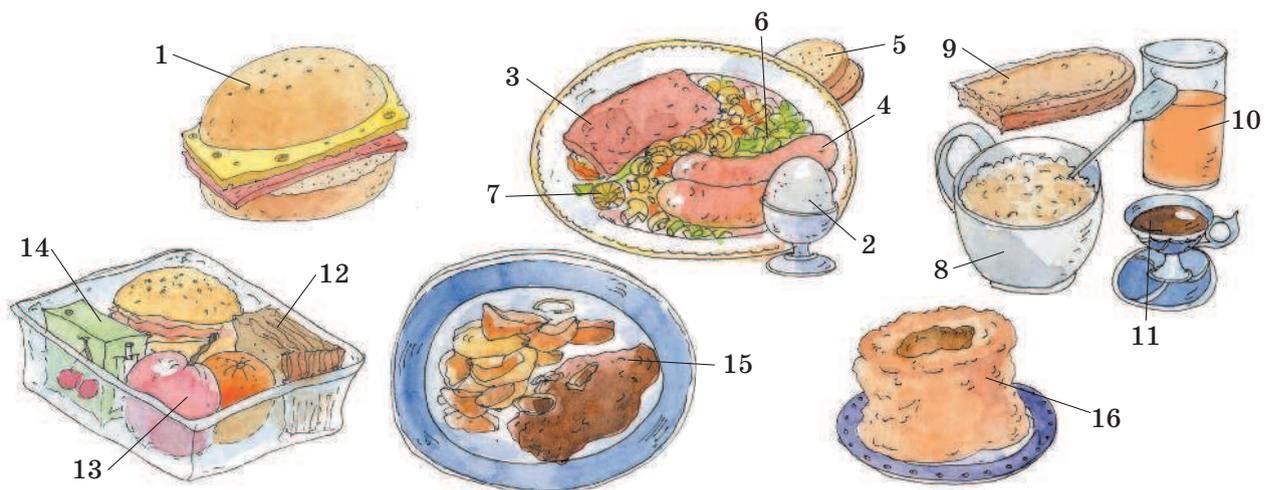
One of the popular myths about the English is that they only eat fish and chips and roast beef, the Scots eat porridge, and the Irish live on potatoes. Some of it is true, but the British people also eat many other kinds of food, including their classic puddings, pies, soups, stews and sandwiches.

The traditional English breakfast consists of eggs, bacon, sausages, toast, baked beans and mushrooms. It is always served in hotels and guesthouses around Britain, but not many people in the UK will eat this for breakfast today. A typical English breakfast is more likely to be a bowl of cereal, a slice of toast, orange juice and a cup of coffee. In winter many people eat 'porridge' or boiled oats.

In British schools children have a school meal or bring a packed lunch in the middle of the day. A 'packed lunch' typically consists of a sandwich, a packet of crisps, a piece of fruit and a drink. The 'packed lunch' is kept in a plastic container.

The evening meal is usually called 'dinner' or 'supper'. A traditional British meal for dinner is 'meat and two vegetables' one of which is usually potatoes. Nowadays, except on Sundays, most people in Britain eat curry, rice or pasta dishes for dinner. Vegetables like carrots, onions and cabbage are very popular, too. Sunday dinner is the traditional Sunday roast. It consists of roast meat, two different kinds of vegetables and potatoes with Yorkshire pudding.

- 15 Match pictures 1–16 with the words from the text.



- 16 Role-play Dasha's Skype interview with Rachel about British meals. Dasha asks questions about a typical English breakfast, lunch and dinner.

- 17 Study the word 'meals'. Does it have a direct Russian equivalent with the same meanings? Read the sentences with the word 'meals'. How can we say the same in Russian?

KEY PATTERNS

meal /mi:l/ *noun*

have a meal a time when you eat food, or the food that you eat then:
*Would you like to come to our place on Sunday for a **meal**? Let's go out for a **meal** tonight. We usually have our evening **meal** at about 7 o'clock. What a delicious **meal**!*

(to picture 16)

Yorkshire pudding /'jɔ:kʃə 'pu:dɪŋ/ a food made from flour, eggs and milk, baked and eaten with meat in Britain

THINK ABOUT GRAMMAR: Countable and uncountable nouns

Nouns	Singular Number (Единственное число)	Plural Number (Множественное число)
C O U N T A B L E	Affirmative	
	There is/There's an apple . There is/There's one apple .	There are /There're some apples . There are /There're 2/5/... apples . There are /There're many/a lot of apples .
	Negative	
	There is/There's no apple . There isn't an apple . There isn't any apple .	There are /There're no apples . There aren't any apples . There aren't 2/5/... apples . There aren't many/a lot of apples .
	Questions	
	Is there an apple ?	Are there any apples ? How many apples are there ?
U N C O U N T A B L E	Only Singular Number (ТОЛЬКО единственное число)	
	Affirmative	
	There is/There's some salt . There is/There's much/a lot of salt .	
	Negative	
	There is/There's no salt . There isn't any salt .	
	Questions	
Is there any salt ? How much salt is there?		

Grammar and speaking

- 18 **Game.** Look at the picture and think of healthy food. In pairs, take turns to tell each other what healthy food there is on the table and what you can add. Think of as many kinds of healthy food as possible. The one who has the last word is the winner.

Example:

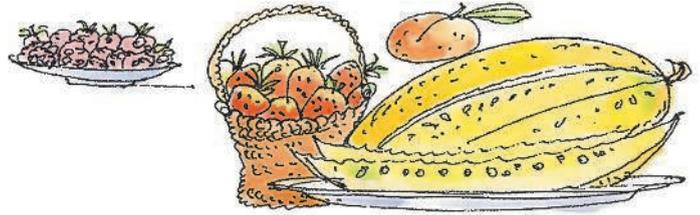
A: There's some juice.

B: There's no milk/There isn't any milk.



- 19 ©T070 Listen and read the limerick. Look up new words in the vocabulary at the end of the Student's Book. Explain the meaning of the last line. What is a treat for you?

Each morning and evening I eat
Not bananas but fruit that is sweet,
Such as raspberries, strawberries,
Peaches and more,
But it's melons I save for a treat.



Reading

- 20 Quickly read these texts. Which is a menu? A recipe? An advertisement?

Porridge

Ingredients

1 cup of oats
3 cups of milk or water
Salt



Place the oats in a saucepan and add the milk or water. Bring the porridge to the boil stirring it all the time and simmer until it begins to thicken. After approximately 7 mins remove the saucepan from the heat, put on the lid and leave it to stand for 1 min.

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MINI £ 2.50

1 egg, 1 sausage, 1 toast

ALL DAY SPECIALS £ 9.99

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Fish & chips

Veggie curry + rice

DESSERTS £ 1.99

Ice cream; Fruit salad; Chocolate cake

- 21 Read the first text again. Find phrases 1–7 in the text and match them with their Russian translations A–G.

- 1 place the oats in a saucepan
- 2 add the milk or water
- 3 bring to the boil
- 4 stir all the time
- 5 begin to thicken
- 6 remove from the heat
- 7 put on the lid

- A довести до кипения
- В насыпать овсяные хлопья в кастрюлю
- С начинать густеть
- Д накрыть крышкой
- Е непрерывно помешивать
- Ф добавить молоко или воду
- Г снять с огня

Listening

- 22 ©T071 Do you know what a buckwheat kasha is? Sometimes it is called 'buckwheat porridge' in English. Have you ever cooked buckwheat kasha? Listen to Dasha's healthy breakfast recipe. Make notes about the ingredients.



23 ©T071 Listen to Dasha again and put the sentences in the right order.

- 1 Put the lid on the saucepan.
- 2 Let the kasha sit for 10 min.
- 3 Add rinsed buckwheat groats to the boiling water.
- 4 Rinse a cup of buckwheat groats 2–3 times.
- 5 Turn the heat down.
- 6 Add milk, sugar, honey or butter.
- 7 Bring 2 cups of water to the boil.
- 8 Remove from the heat.



Listening and speaking

24 ©T072 Listen to 4 people speaking about their food preferences.

Who ...

- | | |
|---------------------|------------------------------------|
| a) likes junk food? | c) likes traditional English food? |
| b) is a veggie? | d) likes traditional Russian food? |

25 **Game:** The best cook. You and your friends are going to cook a meal. Choose a recipe in your Workbook. Study the recipe and underline five ingredients necessary for making the meal. Your task is to get all the ingredients you need. You will also get some cards with food products. The first group to get all the ingredients necessary for their recipe is the winner.

Useful words and phrases

Have you got any ... ?

I'd like some ...

How much/many would you like?

Reading and writing

26 Read this letter from Samantha about her favourite food.

3 South Road
Saffron Walden
Essex CB10 1HR
12th January

Dear Gordon,

Thanks for your letter. The weather's terrible at the moment and it's raining and cold now. I'm at home cooking lunch for me and my sister.

My favourite food is pasta! I like spaghetti alla carbonara and I also like lasagne. I don't like meat very much and don't like carrots. What kind of food do you like? Write, please.

Love,
Samantha

Write a letter to Samantha and tell her about your favourite food. Use this plan.

First paragraph: Thank Samantha for her letter. Tell her about the weather today and what you are doing.

Second paragraph: Tell Samantha about two things you like to eat and two things you don't like to eat.